

# Embrace A Truly Holistic Healing Journey

At Kuadra, you receive a truly holistic assessment of your personal health that merges ancient wisdom with innovative modern tools.

## Testimonial

*Her holistic approach to my medical conditions helped me go from a wheelchair, to being able to walk again. It truly takes a village of people like her to help in rare conditions as mine! I'm truly thankful for her expertise and devotion in my journey. ~ L.R.*

## IMAET Bioenergy & Biofeedback

Improve your overall well-being by managing stress and bodily responses through a cutting-edge but non-invasive treatment that helps to reverse illnesses and promote your overall wellbeing.



## Bio-Well Health Assessment

We help you measure and optimize your stress levels using a more holistic approach. Bio-Well is a revolutionary, non-intrusive way to measure your stress levels so that we can provide you with a tailored wellness plan to meet your needs.



## Bio-Feedback Aura Imaging

Our Aura Imaging technique explores your physical, mental, emotional, and spiritual energy system as represented in your 7 chakras. We help you explore your true essence and gain deeper insights into your energy field.

## NuVision Holographic Scaling Technology

Achieve natural balance and optimal health with SCIO and NuVision devices. We work with you to identify body and psyche issues that have a negative impact on your well-being. Once these issues are identified, we work with you to develop a strategy to support your healing journey.



Meet Your Licensed  
Professional Counselor

**Khadijat Quadri**

LPC, NCC, CHt

## Bio-Field Therapy

Harmonize your holistic energy field and discover a new path to wellness and vitality with Bio-Field Therapy, a modern path to experiencing both physical and emotional wellness.

**Schedule  
An Appointment**

Discover how our integrative approach can support your healing journey



# Explore Astrological Psychology

Let the stars guide you to a more fulfilled and harmonious life.

Astro psychology merges the concepts of both psychology and astrology to provide you with meaningful solutions through a deeper analysis of your life's patterns, unconscious processes, motivations, and soul destinies. Let us help you unlock your cosmic patterns today through the wisdom of the stars.

# Experience Spiritual Cleansing

Our spiritual cleansing spray is a translation from an ancient Sumerian/Babylonian tablet that dates back to the 4th millenium BC. it is made up of:

- Holy water from Taksang
- Grated selenite
- Holy water from the Grotto
- Pure essential oils
- Lemon grass from Bhutan
- Holy Incense & prayer
- Black pepper and Rose
- Activated under a copper Pyramid.
- Aqua the Rua

Email today if you would like to order.

✉ admin@kuadracs.com

📍 5171 Glenwood Ave, Ste 465, Raleigh, NC 27612



*Quantum healing moves away from external, high-technology methods toward the deepest core of the mind-body system. The core is where healing begins.*

~ Khadijat Quadri

## Get In Touch

Our comprehensive services are all designed to guide you towards a healthier and more balanced holistic lifestyle.

- IMAET Bioenergy & Biofeedback
- NuVision Holographic Scaling Tech.
- Bio-Well Health Assessment
- Bio-Feedback Aura Imaging
- Bio-Field Therapy
- Astrological Psychology
- Spiritual Cleansing Spray



WATCH VIDEO

## Insurances Accepted

- Aetna
- Community First
- TriWest
- Amerigroup
- United Healthcare
- MultiPlan
- Anthem
- Value Options
- Humana
- BCBS
- Blue Option
- Univ. of Texas at Austin Employee Assistance Program



# Bioenergetics & Biofeedback THERAPY

*Restore Your Inner Balance*

📞 CALL TODAY

**(984)381-4644**

www.kuadracs.com

Psychology Today Headway